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The Subtle A t of Not Givi g a Fuck A Counterintuitive Approach to Livin a Good Life MARK M.ANSON.

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This is my book summary of The Subtle Art of Not Giving a F*ck by Mark Manson. My notes are informal and often contain quotes from the book as well as my own thoughts. This summary also includes key lessons and important passages from the book. This is a list of authors, books, and concepts ...

The Subtle Art of Not Giving a F*ck by Mark - James Clear

A much-needed grab-you-by-the-shoulders-and-look-you-in-the-eye moment of real-talk, filled with entertaining stories and profane, ruthless humor, The Subtle Art of Not Giving a F**k is a refreshing slap for a generation to help them lead contented, grounded lives.

The Subtle Art of Not Giving a F*ck - Mark Manson - Hardcover

The subtle art of not giving a fuck presents some life changing ideas and philosophies in every day, maybe slightly crude language but nonetheless powerful and helpful. The ideas l'II take away from Mark Manson are:

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